



Tender

1. Rogla Trail

Feel the Pohorje paths!

PLACE OF THE EVENT

Rogla and its surroundings

DATE AND TIME OF THE EVENT

Saturday, 11 June 2022

The 35km Trail starts at 9.00.

The 15km Trail starts at 11.00.

Additionally in 2022: Rogla Trail 10km – premier Slovenia Junior Trail Championship for girls/boys 2003-2006. Starts at 11.00.

ORGANIZER

Lokalna turistična organizacija Rogla – Zreče, GIZ (Local tourist organization Rogla – Zreče, GIZ)

REGISTRATION

Registration is available on the website: www.roglatrail.si until 6 June 2022 or until all the available places are booked. The registration is final only after the payment.

TRACKS AND THE NUMBER OF AVAILABLE PLACES

- 35 km: 300 runners
- 15 km: 300 runners



- 10 km: 150 runners.

STARTING FEE

Race	10.12.2021- 30.4.2022	30.4.- 6.6.2022 (WITHOUT T- SHIRT)	ON THE EVENT DAY (WITHOUT T- SHIRT)
Rogla Trail 35 K	29 €	40 €	45 €
Rogla Trail 15 K	19 €	30 €	35 €
Rogla Trail 10 K (Slovenia Junior Trail Championship for girls/boys 2003-2006)	19 €	30 €	35 €

STARTING FEE INCLUDES

- Personalized starting number with RFID chip
- Starter gift package
- Refreshment stations with diverse food, approximately every 12 kilometres (drinks and food)
- Showers and wardrobes in the vicinity of the finish area
- Warm meal at the finish area
- Massage services for all the runners at the finish area
- Medals for all the finalists
- Medical first aid at several stations alongside the course and permanent one at the finish line

All runners, who will register and pay the starting fee until 30 April 2022, will receive a T-shirt.

NON-PARTICIPATION AND STARTING FEES REFUND

IMPORTANT: Participants, who are unable to attend the event due to health problems and have already paid the starting fee, can request a partial refund of the fee on:



info@roglatrail.si. The runner must submit an official medical document (medical report, health certificate etc.) when requesting a refund.

Consider the following:

- 90% fee refund, if the request for the demand is submitted before 1 March 2022.
- 70% fee refund, if the request for the demand is submitted between 2 March and 30 April 2022.
- 50% fee refund, if request for the demand is submitted between 1 and 14 May 2022.
- Fee refund after 14 May 2022 is not possible, regardless the runner's reason for non-participating at the event.

In case a runner doesn't participate at the event on 11 June 2022, he renounces his starter gift package and all other runner's benefits.

EVENT CANCELLATION IN STATE OF EMERGENCY

The organizer undertakes to reimburse the starting fee in case of prohibition / inability to perform the event due to emergency / force of nature as follows:

- Cancellation 4 months before the start – 90% refund.
- Cancellation up to 2 months before the event – 70% refund and 20% discount for the next year.
- Cancellation up to 14 days before the event – 60% refund and 20% discount for the next year.
- Cancellation less than 14 days before the event – no refunds.

In case of the event cancellation, provisions of NON-PARTICIPATION AND STARTING FEES REFUND are not valid. After the announcement of the event cancellation other cancellations are not possible anymore. In this case only provisions of EVENT CANCELLATION IN STATE OF EMERGENCY are valid.

Warning: Registration is valid only when it's paid. The amount of the starting fee is calculated considering the date of payment and not the date of submitting the online registration. The last day for registration is 6 June 2022 or until there are no vacant places available. Payments, which will be submitted after the 6 June 2022 or after the announcement of closed registration, will not be returned!



COMPETITION CATEGORIES

The awards are presented in three age categories and in absolute women/men categories.

Categories women/men:

- until 35 years,
- from 36 to 49 years
- over 50 years.

Rogla Trail 10 K - Slovenia Yuniior Trail Championship for girls/boys 2003 – 2006.

TIMING

The results will be measured with RFID electronic system, carried out by company Protime from Maribor. Net time is measured.

RESULTS ANNOUNCEMENT

Unofficial results will be announced on the website. The organizer accepts complaints in the following order: All complaints must be submitted within half an hour after the arrival of the runner to the finish line in written form with a deposit of 50€. The complaints are going to be examined by the Organizing committee's jury, who will provide the response as soon as possible. There is no appeal to the jury's decision; the decision is final. All the complaints about irregularities at the trail must be made in written form and with supporting documentation (photo material or at least three witnesses).

The jury is composed of:

- Race director,
- Technical director,
- Head of the checkpoint or refreshment stations, depending on the individual complaint,
- Other people, who are considered to be competent in a particular dispute or complaint (appointed by the race director).

The final version of the Race Manual is going to be published on the website a month before the event. Verbal instructions will be submitted before each start of the race.



TRACK OF THE COURSE

Both trails start and end at Rogla.

DISTANCES

35 km – Rogla Trail 35 K

Number of participants:	300
Date and hour of start:	11 June 2022 at 9.00
Location of start:	Rogla
Location of finish:	Rogla
Distance:	35 km
Elevation meters:	1635 m
Time limit:	11 hours
Refreshment stations:	3

15 km – Rogla Trail 15 K

Number of participants:	300
Date and hour of start:	11 June 2022 at 11.00
Location of start:	Rogla
Location of finish:	Rogla
Distance:	15 km
Elevation metres:	480 m



Time limit:	5 hours
Refreshment stations:	1

Slovenia Junior Trail Championship for girls/boys 2003-2006 in 2022: 10 km – Rogla Trail 10 K (see separate tender!)

Number of participants:	150
Date and hour of start:	11 June 2022 at 11.00
Location of start:	Rogla
Location of finish:	Rogla
Distance:	10 km (final information April / May 2022)
Elevation metres:	400 m (final information April / Maj 2022)
Time limit:	5 hours
Refreshment stations:	1

AWARD CEREMONY

Proclamation of results and the award ceremony in the absolute categories will be on the performance stage. The quickest three runners in the absolute men and absolute women categories in trail of 35, 15 and 10km will be awarded on the stage. Trail 10K – 10km is a Slovenia Junior Trail Championship for girls/boys 2003-2006 and is valid only for registered runners at The Athletic Association of Slovenia (Atletska zveza Slovenije).

First three runners in each age group will also be awarded.



HEALTH CARE

The runners are competing on their own risk. The organizers advise the runners to undergo preventive medical examination before the race to exclude possible risks, which could be presented on the event. Medical staff will be available alongside the course and at the finish line.

The organizers don't accept liability in case of injuries or other runner's difficulties made under the influence of alcohol or other intoxicating substances. The organizers advise not to consume alcohol or other intoxicating substances before and during the race.

With participation on the running event the runners agree to accept typical risks, which arise from the athletics discipline. The organizers don't accept liability for consequences arising from false or undisclosed information.

The organizers don't accept liability for injuries made in case of the force of nature. In case of bad weather, runners are obliged to adjust the running, considering the weather conditions (for example slippery ground) to avoid possible injuries (sprains, fractures).

The race will be executed following the medical conditions and regulations valid on the event day. With the registration the runners confirm that all the written information they submitted is true. Runners are declaring that they are healthy, versatily prepared for active participation, have been medically examined, are without any signs of respiratory infection (cough, sneezing, runny nose, muscle and joint pain, sore throat, fever and headache) or diarrhoea. They confirm to accept all risks regarding this running activity and therefore won't demand any damage claim from the organizer. Runners declare to follow all the instructions and recommendations by the NIJZ (National Institute of Public Health of the Republic of Slovenia) for preventing the spread of Covid-19 and all the organizer's instructions.

ROGLA TRAIL GENERAL PROVISIONS

The race will be held according to the rules of The Athletic Association of Slovenia and this tender. The organizers reserve the right to change application conditions and event program. The tender is published on the www.roglatrail.si and at the registered seat of the organization.

The runners are obligated to follow the rules and recommendations of the organizers. In case of non-compliance with the instructions and recommendations the organizers do not take liability for injuries and other possible difficulties at the event.

Organizer will inform the runners before the race about all basic event information, specially about safety, registration, competitive categories and tracks. The organizers reserve the right to dismiss the runners from the event, if they don't follow the rules and instructions.



GENERAL CONDITIONS OF THE RACE

- Each runner competes on his own risk.
- The runner must have previous running experiences in nature and with ultra-trail run, he mustn't suffer any vertigo and must be physically well prepared.
- Runners, younger than 18 years, cannot race at Rogla Trail 35 K.
- Rogla Trail 10 K counts as Slovenia Junior Trail Championship for girls/boys 2003-2006, under the patronage of The Athletic Association of Slovenia.
- The race takes place in all weather conditions, except if safety of the runners is threatened (extreme storm, flooding, etc.). In such cases the Organizing committee will decide on a backup scenario, a change of the course or cancellation of the race.
- The course is marked in a way to allow undisturbed running, without any orientation problems (e.g.: marking strips, sign boards, flag). The organizer will be present with the volunteers at the key points to help orientate the runners.
- All the runners must follow the marked course. Taking shortcuts or shortening the marked course will be punished or disqualified immediately.
- If the runner doesn't see any mark in the distance of 200 metres, he must return to the last visible mark and check the possibility to continue.
- If the marks are missing or there are not enough of them, the runners must inform the closest checkpoint.
- All the runners must have mandatory equipment.
- Runners, who decide to use running poles at the start, must use them throughout the entire race until the finish line. Partial use of running poles is not allowed.
- Any kind of help at the course, between the checkpoints, is not allowed.
- We recommend the use of the GPS tracer on your watch. You can find file transfer on the official website www.roglatrail.si.
- Runner can voluntarily resign from the race at any refreshment station. The resign must be immediately reported to the organiser.

RUNNER'S COMMITMENT

To participate at Rogla Trail a runner commits the following:

- A runner is fully aware of the distance and characteristic of the event and is well prepared of it.
- A runner has acquired, through his own training and experiences prior to the event, sufficient capability for semi-autonomy care in the natural environment to cope with the risks and difficulties, which could be caused by this type of event, in particular:



- The knowledge of how to confront, **independently** and without outside help, with climatic conditions, which could be expected at altitudes, where the race takes place (night, wind, cold, fog, rain or snow);
- The knowledge of how to cope **independently** with troubles (physical and mental), which could arise from the fatigue, digestive problems, muscle or articular pains, small wounds etc;
- To be fully aware that it's not the organization's role to help a runner to cope with these problems;
- To be fully aware that for such an activity in the natural environment the safety of the runner depends on his/her own ability to adapt to the difficulties that may arise in this type of the event;
- To respect the nature, people and rules of the race;
- To read all instructions and information that will be sent before the event;
- To participate the race as a runner on his own risk. The organizer doesn't accept the liability for injuries or damage made on the equipment. By participating at the event, a runner agrees to all race rules and possible consequences.

SEMI-AUTONOMY WAY

Rogla Trail is a single stage race with semi-autonomy system. Rogla Trail takes place in one single stage with undefined pace within the time limits, which are specified for each race. Runner's semi-autonomy is defined as being able to be autonomous between two refreshments points, as much as in the food and drinks, as in clothing and safety equipment, which are allowing the runner to adapt to the situations and problems that may occur during the event (bad weather, physical problems, injury...). The semi-autonomy principle implies the following:

1. Each runner must wear the total mandatory equipment throughout the duration of the race (see paragraph EQUIPMENT). The organiser may check the adequacy of the equipment at any time during the race. The runner is obliged to agree to the inspection and if the equipment is not complete, the penalties prescribed in the regulations will follow.
2. The refreshment station offers drinks and food, which the runners can consume at the station or equip themselves until the next station. The refreshments stations offer still water, energy drinks, Coca-Cola, etc. When the runner leaves the station, he/she should take care to have enough food and drink to keep him going until the next station.



3. A support team is ONLY allowed at the stations, in the zone specifically reserved for the assistance. The rest of the refreshment post is strictly reserved for the runners.
4. Helping outside the refreshment station zone, is STRICTLY forbidden. Violation of the rules will be sanctioned.

EQUIPMENT

MANDATORY EQUIPMENT

Rogla Trail 35, 15 and 10 K	
The starting number – always visible	+
Water bottle (camel bag, bottle, etc.)	+
Survival blanket	+
First aid (bandage, gauze, patch)	+
Wind jacket	+
Whistle	+
Mobile phone	+
Head lamp with spare battery	o
Running shoes	+
Clothing suitable for winter conditions	o
Sun protection	o
Energy food	o



Running poles

o

A legend:

“+” Mandatory equipment

“o” Recommended equipment

The mandatory equipment check may be at the start or at any time during the trail. If the mandatory equipment is incomplete or is not shown, the penalty will follow. **One hour in measured time for every missing piece of the obligatory equipment.**

A competitor may wear the equipment or has it stowed in a backpack/bag. In case of bad weather forecast, the organizer reserves the right to prescribe additional mandatory equipment, which is necessary for the safety of the runners, not later than one day before the event.

TIME LIMIT

The runners must arrive/depart from the checkpoint and arrive at the finish line within the time limit. If runners don't achieve to reach the checkpoint within the time limit, they are automatically disqualified and the organizer will arrange transport for them to the finish area. The runners are also disqualified if they don't arrive at the finish line within the time limit.

The last runner on the trail is “sweeper”, who provides that no runner is left behind. Sweeper accompanies the runner to the next checkpoint if necessary.

ROGLA TRAIL 35 K

- **Mislinja** – 13,5 km
- **Ribniška koča** – 23,4 km, 6 hours (15.00 on Saturday)
- **Pesek** – 34,9 km, 10 hours (19.00 on Saturday)
- **Finish** – 11 hours (20.00 on Saturday)

ROGLA TRAIL 15 K

- **Pesek** – 9,6 km, 3 hours (14.00 on Saturday)
- **Finish** – 14,3 km, 5 hours (16.00 on Saturday)



ROGLA TRAIL 10 K

- **Finish** – 10 km, 5 hours (16.00 on Saturday)

REFRESHMENT STATIONS AND CHECKPOINTS

There are several refreshment stations and checkpoint alongside the course. At refreshment stations the runners can get drinks and food and fill their bottles with liquid to continue their run safely and uninterrupted. The runners are allowed to throw off their waste only at the checkpoints and refreshment stations.

MEDICAL CARE

The organizer has the official race doctor, emergency medical team and three members of The Slovene mountain rescue service. If medical staff assesses that a runner is no longer able to continue the race, they can stop and treat the runner. In a case of violations, non-compliance with the official medical instructions, the competitor may be disqualified.

PHOTO AND VIDEO MATERIAL

Runners agree that photo and video material, recorded during the race, can be used for organizer's promotional purposes.

LIABILITY

Runners participate the race at their own risk. The organizer accepts no liability for injury or damage caused to the equipment. By participating the race, the runner agrees to all rules and consequences that apply to the event.

CANCELLATION OF THE EVENT

In case of a motorway closure or any other force of nature, on which organizers have no control, the race can be cancelled or stopped.

In case of interruption of the event, the runners' ranking will be based on the last electronically measured result for each runner.



The organizers also reserve the right to event cancellation, but only due to force of nature or events beyond their control that prevent undisturbed and safe event implementation in accordance with the rules of professional diligence.

The organizers reserve the right to postpone the date of the event. The organizers commit to do anything, that is in their power, to ensure that the event is not cancelled. In case that cancellation is necessary, the organizer will immediately inform the already registered participants on their contacts, which they have submitted at the registration on the website. The organizers will inform the public also through the media, if it will be possible. All the runners are familiar with this information and agree that deregistration and refunds from the day of the event cancellation will no longer be possible.

PROTECTION OF PERSONAL DATA AND CONDITIONS OF PARTICIPATION

The organizers guarantee protection of the personal data, which will be used for the purpose of registration, notification of the progress of the registration and the race and informing about potential taking out insurance. In case of troubles or unclearness with the registration, the organizers reserve the right to contact the registered runners by tools of remote-communication.

By registration, the runners allow the organizers to collect and use personal data. Organizers may store and process the personal data, that runners have provided at the time of registration in a properly secured and protected computer system or through a written registration form, indefinitely or until the written consent of the runners is withdrawn. Runners are entitled to the rules according to the Consumer Protection Law (Zakon o varstvu potrošnikov: Ur. l. RS, št. 20/1998 to 114/2006). The organizer doesn't hold liability in case of hacking into the computer system. By registration, runners confirm that all the information is true. The runners agree that organizers can publish their data, photographs, recordings and public statements without any demands for reimbursement. The organizers will keep and use runner's personal data according to the Law on Protection of Personal Data (Zakon o varstvu osebnih podatkov: Ur. l. RS, št. 86/2004 do 113/2005). By participating, runners allow the organizers to process their provided personal data in the organizer's database and use it for statistical purposes.



INFORMATION

Lokalna turistična organizacija Rogla – Zreče, GIZ (Local tourist organization Rogla – Zreče, GIZ)

Cesta na Roglo 13 b, 3214 Zreče

Website: www.roglatrail.si

E-mail: info@roglatrail.si

Mobile phone: **051 365 443 (Martina Rauter)**

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